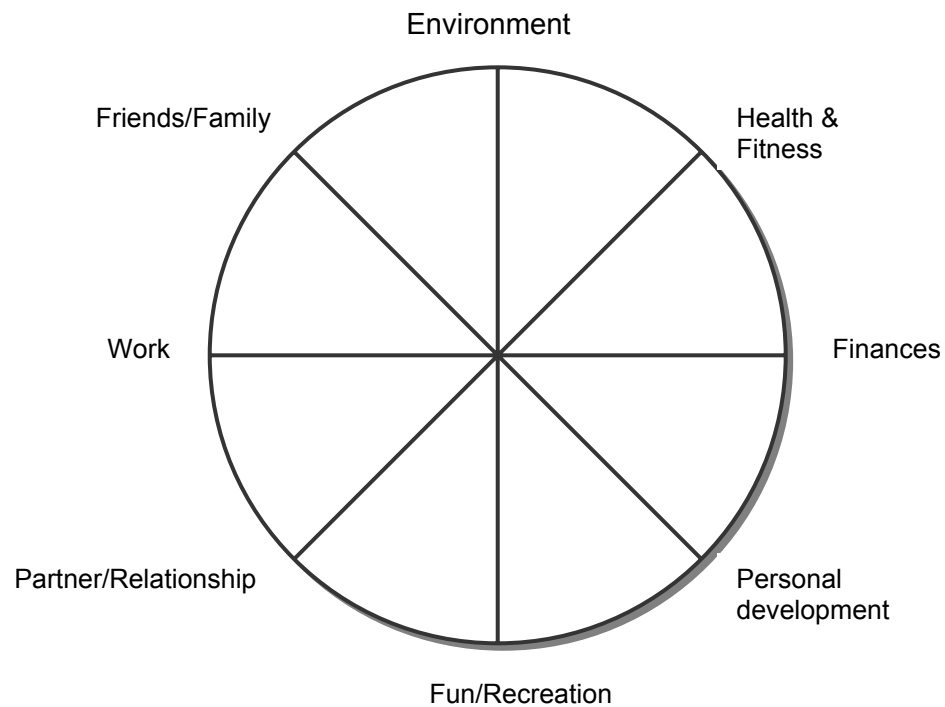


Wheel of Life



Directions:

The eight sections in the Wheel of Life represent main areas of your life.

Taking the centre of the wheel as 0 and the outer edge as 10, rank your level for each subject matter.

Draw a line joining the marks to create a new outer edge.

The diagram formed by your line represents your personal Wheel of Life.

How bumpy would the ride be if this were a real wheel?

Does this inspire you any action oriented thoughts?